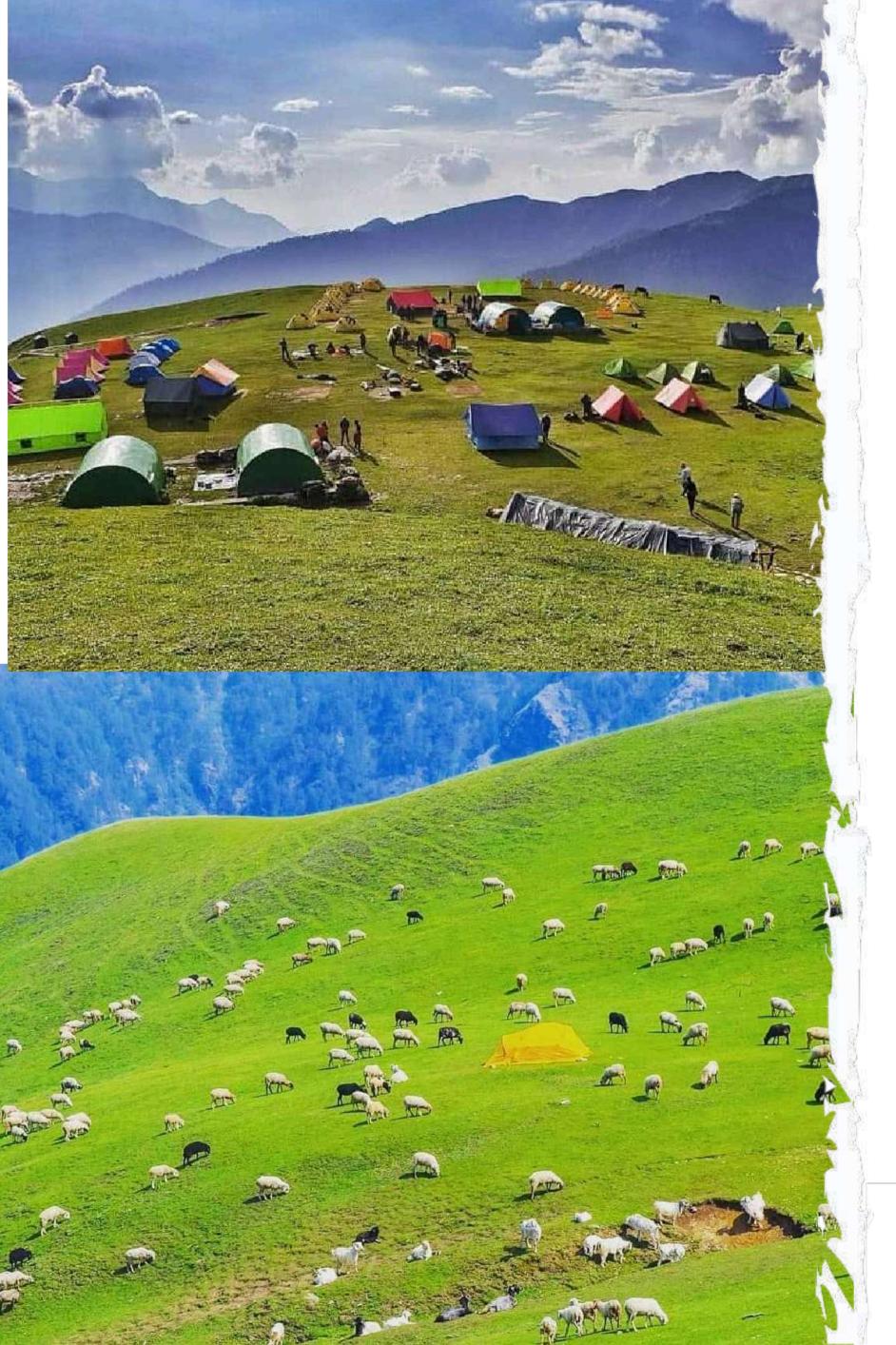
ALI BEDNI BUGYAL









SHORT ITINERARY Day 1:



Drive Rishikeshto Lohajung . (250 kms, 8-9hrs approx)

Day 2:

Lohajungto didina village. 11km (5km drive, 6km trek)

Day 3:

Didina ^{to} Ali Bugyal. 8 km trek.



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Day 4:

Ali Bugyalto Bedni bugyal summit Back to Ali Bugyal (4km+4Km Trek).

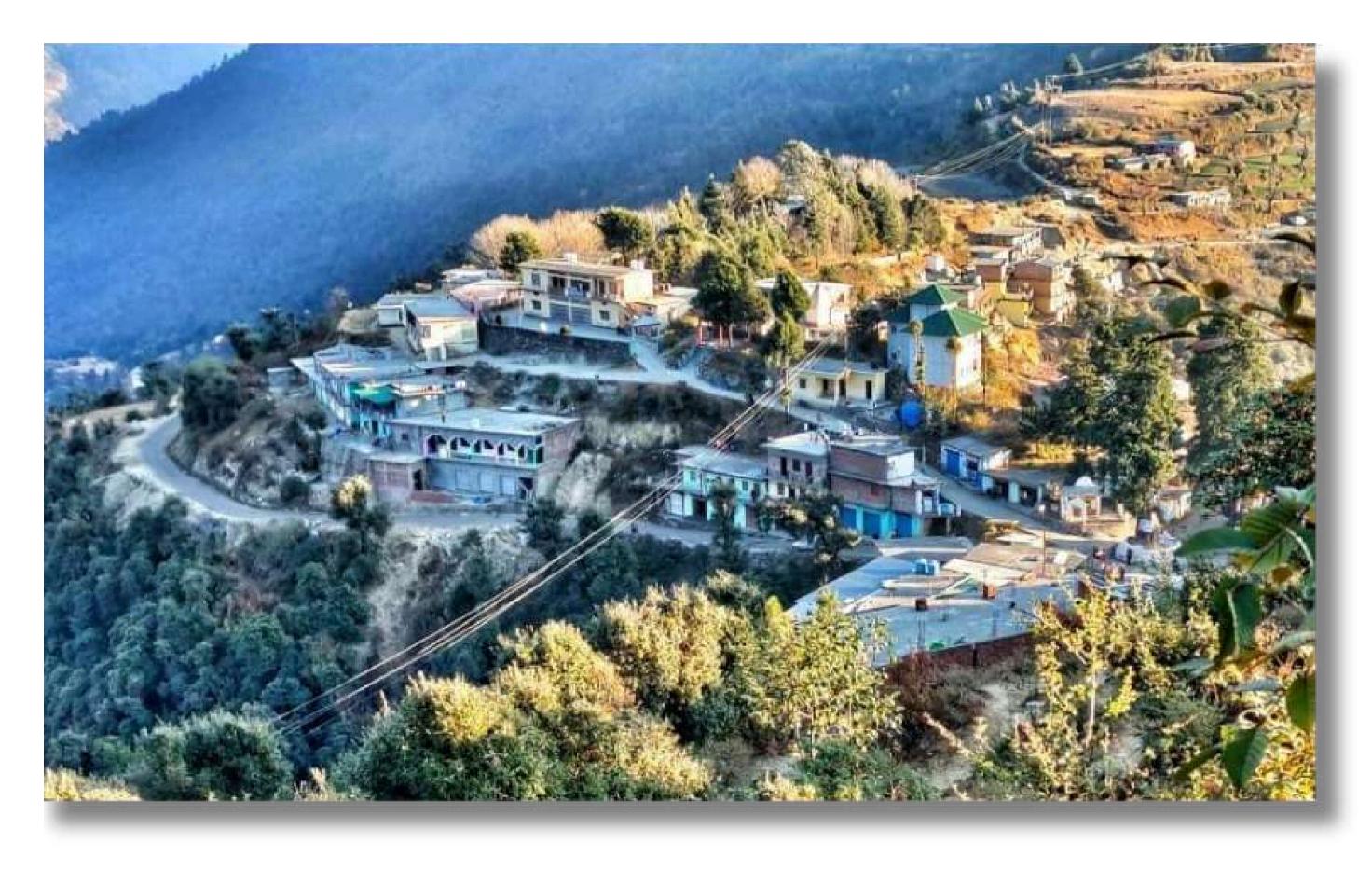
Day 5:

Ali Bugyalto Lohajung. (13 Km trek ,13 km Drive to Lohajung).



Day 6 : Lohajung toRishikesh . (250 km Drive).

PROOPKUND HEAVEN DETAILED ITINERARY



DAY 1 RISHIKESH TO LOHAJUNG (250 km Drive) (Altitude :- 7,700ft /2300m)

Our Journey will start from Rishikesh.

250 km drive Rishikesh to lohajung Approx 8-10 hr .

Meal :- Dinner Stay :- Overnight at a Guest House /Homestay in Lohajung



DAY 2 LOHAJUNG TO DIDINA VILLAGE

(5 km drive , 6 km trek) . Altitude :-8100ft /2450 m

- On the seond day the trek starts from Lohajung to Didna [approx10 km ,5-6 hours]
- The trail passes through dense forests and offers beautiful views of the surrounding peaks.

Meal :- Breakfast ,Packed Lunch , Dinner Stay :- Overnight at a Home Stay in Didna Village.



DAY 3 DIDINA TO ALI BUGYAL (8kmtrek, Approx:-7hr, Altitude:-11700ft.

• Trek from Didina to Ali Bugyal (Approx. 7 km, 4-5 hours)

- Today's trek takes you through oak and rhododendron forests, with occasional clearings offering glimpses of the valleys below.
- Reach Ali Bugyal, one of the largest alpine meadows in Asia, and enjoy panoramic views of the Himalayas.

Meal :- Breakfast ,Packed Lunch , Dinner Stay :- Set up Camp at Ali Bugyal and Stay Overnight in Tents



DAY 4 Ali Bugyal to Bedni Bugyal and Summit (4+4kmtrek, Approx:-6-7hr, Altitude:-12,300ft.

- ⁷ Trek from Ali Bugyal to Bedni Bugyal and summit and back to Ali Bugyal or Patar Nachauni for stay
- The trail gradually ascends through lush green meadows with towering peaks in the background.
- Reach Bedni Bugyal, another picturesque alpine meadow surrounded by majestic peaks.
- Visit the Bedni Kund (lake) and the Bedni temple.

Meal :- Breakfast, Packed lunch, Dinner Stay :- Camp overnight at Ali Bugyal/Patar Nachauni



DAY. 5 Ali Bugyal/ Patar Nachauni to Wan and Drive to lohajung

11 Km trek 6-7 hr approx, 13 km drive 1hr

 Trek from Ali Bugyal/Patar Nachauni to Wan and then drive to Lohajung base (Trek approx. 10 km, 5-6 hours and drive 14 kms)

Descend through the forests and meadows to reach the village of Wan.

• Wan is the last village on the trek route and offers a glimpse into the local culture and lifestyle.

Meal :- Breakfast, Packed lunch, Dinner Stay :- Overnight in a Guesthouse/Homestay in Lohajung.





- Drivefrom lohajung to Rishikesh (Approx. 220 km, 9-10
- hours) Bid farewell to the mountains and head back to Rishikesh.

Meal :- Tea/Coffee

Trek Inclusion.

- Stay is included on all days of the trek (from Lohajung To Lohajung). You will be staying in tents on a double sharing basis.
- Transport charges from Rishikesh to Lohajung and return.
- All meals from dinner at Lohajung on Day I to tea and coffee on Day 6 are included. Meals are simple, nutritious and vegetarian.
- All the trek equipment will be included like a sleeping bag, kitchen & dining tent, utensils, mattress, tent, toilet tent, and crampon (if needed).
- First aid medical kits, oxygen cylinder and stretcher.
- All fuel charges, toll taxes and needed forest entry fees along with permits.
- Mountaineering qualified and professional trek leader, guide, cook and support staff.

Trek Exclusion.

- GST 5% (it is Mandatory)
- Any emergency evacuation charges
- Any services that are not mentioned in the cost inclusion section.
 Any Meals/accommodation beside the itinerary or not mentioned in the program.
- Mules or porters to carry personal luggage

Trek logistic

Pick up location :- Rishikesh natraj chowk / Tapovan Time :-6:30AM Drop up location :-Rishikesh natraj chowk

Time :- 5-6 PM

OUR REVIEWS

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Local Guide · 22 reviews · 58 photos

PAVAN GHOTEKAR

★★★★★ 5 months ago

Best local travel agency in UK. We have done trek to VOF and hemkund sahib with them and had great experience. Soon will be going to bramhatal with them in January 2023.



Neha Khuraniya

Local Guide - 2 reviews - 9 photos



Trek to bramahtal trek was an extravagant lifetime experience. Roopkund trek guide bhupi was very patient. His guidance throughout the trek was very amazing and satisfying. All arrangements from beginning till the end were just perfect, wheather it is stay, packed lunches, tents, sleeping bags. Overall it was a great experience.





Ayush Sureka Local Guide: 36 reviews · 21 photos

★★★★ a year ago

I went on two treks with them, Bedni and Ali last year & Brahmatal this year. The experience was amazing, the trek leader Narri had a good idea about the place, the geography and the history! It's always good to hear local folklore on treks. Do go for treks in that region with them





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🗙 🛧 🗙 🛧 3 months age

Awesome trek experience.... Professional and helpful trek leaders... Meals were tasty.... Adequate support was provided to all the trekkers.... This trek was a great refresher for me... I highly recommend this trek to all the trekkers aspiring to witness the view from Brahmatal summit point



Affilation





सूक्ष्म, लघु एवं मध्यम उद्यम MICRO, SMALL & MEDIUM ENTERPRISES